

A kinesiological approach to

Healthy Pets



Disclaimer

The following information is supplied on the understanding that it is not designed to take the place of your veterinarian. Its aim is to supplement your vet's advice and guidance. Diagnosis of a medical or surgical condition in your pet can only be carried out by a veterinarian. We are not responsible for decisions any person may make from reading the manual. Any application of the techniques and recommendations set forth in the following pages is at the reader's discretion and sole risk.

Acknowledgements

We are also grateful to our colleagues, friends and family for their contributions and support. Thanks also to the many pets we have cherished through our lives, and to those who showed such wonderful responses to our clinical approach .

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Healthy Pets

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Introduction



Healthy Pets has been designed to bring awareness and focus to the wellbeing of our beloved animal companions.

Kinesiology is progressing exponentially addressing the human condition but little attention, apart from those practitioners who specialise with animals, has been devoted to this area. Therefore, Healthy Pets, fulfils in part, a need that has existed for some time.

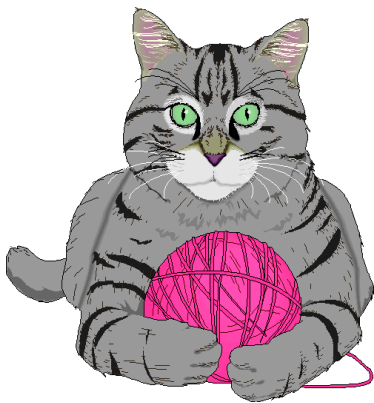
As a one day workshop, Healthy Pets cannot, nor does it attempt to address all possible imbalances that may exist in our canine and feline friends. It has been developed as in the case with all kinesiology courses to bring some system to a particular subject, which further research and practical experience will embellish and enrich.

This course, apart from the quintessential muscle testing and surrogacy, contains material, knowledge and application which is known to be paramount in the building and maintenance of health in all higher animals. This includes anatomy and physiology, nutrition, emotional and structural balancing through the use of vibrational and touch therapy.

We hope that Healthy Pets will contribute toward enabling us more adequately to fulfil our role as stewards and custodians of our fellow creatures.

Our History

*dogs, cats
and humans*



Dogs and cats have been our companions, servants and pets for many millennia.

The dog's psychological make-up approximates that of humans. There exists a mutual innate need for the tribe/family/pack. The present day wolf's need, like that of the African wild dog's is for co-operation for the common good of the group with strict hierarchical protocols very similar to the instinctive needs of humans. This quality ensured that the wild canine adapted extremely well to life with humans, coexisting symbiotically as a "pack" member.

As hunter-gatherers, humans and dogs had much in common in that canine and homo sapiens were both omnivorous. The human's diet at that time (30,000 years ago) was based on plant food - fruit, berries, nuts, roots, leaves and vegetable matter - with meat, fowl or fish when it was available. The dog's primary nutritional need was wild game but also plant matter was essential.

As hunter-gatherers sharing communal and nutritional needs, it is little wonder that people readily accepted the keenly intelligent and resourceful wild dog into the tribe. In exchange for assisting in the hunt and helping to protect the tribe, the new member was offered shelter, warmth and food.

Cats were originally domesticated in Egypt in order to protect the granaries from mice. They were deified not only by the Egyptians but by various other civilisations to which they were introduced - the Chinese, Greek, Roman, British and Nordic.

Our feline friends have filled a different role from dogs in their interaction with humans. The cat is individualistic in that, although it shares a need for family with both dog and human, it is not by nature a pack animal. Another distinction lies in the fact that the feline is basically a carnivore rather than an omnivore as are the other two. The cat's value has always been in its keen vermin hunting skills, its human-like need for accepting and extending affection (true also of the dog) and its pure aesthetic charm. The diminutive cat has not shared our hunter-gatherer past as has her more gregarious and

boisterous counterpart, but in our modern world of high density living, she has come into her own as a greatly valued pet and companion.

Today cats and dogs in the suburbs and cities are unfortunately subjected to restrictions, true also of their masters, that are not in accord with their natures and genetic coding. Lack of freedom, exercise and fresh air, along with poor diet and various forms of pollution have ensured that all three species are subjected to similar degenerative diseases.

Our furry friends are, like humans, highly emotional creatures. It is at this level of our being that imbalance, unfortunately, is commonplace. In any family or tribe there is a group energy that is feeling-based. The members of the group both influence and are influenced by this energy. Cats and dogs, “in service” to their masters are very much affected by

the emotional energy of their family. The health of the pet will suffer consequently along with that of the human members when there is conflict and turmoil present.

Modern living has taken us, along with our pets, into environments far removed from those encountered during our evolutionary past. All three species are nothing if not adaptable. However, there is an inevitable price to pay for removing ourselves from those conditions which coded us all genetically. The price is energetic imbalance and concomitant dis-ease and disease arising from such factors as those mentioned above.

Our is to develop in people more awareness around their pets’ wellbeing together with effective, natural, non-invasive tools for promoting vital health and longevity in their canine and feline friends.

Introduction to Muscle Testing

Muscle testing is the practical instrument used in the rapidly expanding field of kinesiology, a natural healing modality. Kinesiologists use “indicator muscles” so that they are able to access and obtain a read-out from the body’s “biocomputer” very much as a computer operator boots up, accesses, and obtains information from a man-made computer.

An indicator muscle has two operating modes i.e. it will either test weak - “unlocked” or strong - “locked”. In this way the muscle tester is able to obtain information from the body as it reacts to various input or stimuli introduced by the muscle tester.

Underlying this analogy is the concept that everything is energy in its various forms. We are energy and we are driven by energy. Our very essence is energy. The Ancient Chinese recognised this and today the very effective system of healing that is acupuncture operates on this concept.

So when we muscle test we are indeed accessing the biocomputer. We are also monitoring changes or disturbances in response to input or stimuli, in this fine energy that drives us. It is the balance or imbalance of fine energy or life force that ultimately determines our state of health or ill-health.



Assessing your pet's energy



Today, “energy” is a much used term. It is used in its traditional definition as the ability to perform physical work but more recently it has taken on a metaphysical connotation as well.

Einstein’s formula $E = mc^2$ clearly demonstrates that energy and matter are interchangeable i.e. energy and matter are different (it seems to us) manifestations of the same phenomenon. In other words everything is a form of energy.

With this in mind, the physical anatomy is a form of energy manifesting as matter. However, in order for this “sack of chemicals” to organise itself into the incredibly intricate interrelationship of many thousands of different biochemical processes occurring at any given moment (life!), finer forms of energy must act as the blueprint for this to occur. This finer energy is known as the etheric body or etheric double.

In the 1940s, Dr. Harold S. Burr of Yale University conducted extensive research into the electromagnetic component of this body surrounding and interpenetrating all living things. Around this time, Semyon Kirlian of Russia produced the first Kirlian photographs clearly depicting the electromagnetic corona emanating from all life forms.

Ancient wisdom and clairvoyant observation bears out the existence of this etheric field, along with the existence of more subtle energy bodies.

The etheric body comprises both the acupuncture meridians or channels of energy as well as the vortexian chakras or major energy centres.

Dr. Reinhard Voll of Germany electronically traced the meridians and acupuncture points, and verified from the Western standpoint the electromagnetic component of this aspect of the etheric body.

With these concepts in mind, considering the wellbeing of any organism, be it human, cat or dog, we need to do whatever is possible to promote balance in the finer energy bodies because there can be no real health at the physical level when there is imbalance in the metaphysical.

This is where kinesiology, with its instrument of muscle monitoring used with systematised and focused methodology, immediately and highly accurately “tunes into” the various energies.

When a kinesiologist assesses the energy of his/her client, “indicator muscles” are used as monitors. In truth, the assessor is using a physical (local) instrument - gently contracted muscles - to access symbolically non-physical or “non-local” information about the subject. It is believed the collective mind of the tester and testee are involved in this process.

The concept of the collective mind is further demonstrated when the assessor uses a “go-between” or “surrogate” to monitor a third person making physical

contact. It then goes a step further when this method is used in the physical absence of the third individual.

The collective mind encompasses all living organisms. We are therefore able to assess any absent animal, using a surrogate - another person, provided either the animal is known by assessor or surrogate, or a record of the animal is at hand e.g. photograph, hair sample, etc.

We are now familiar with the techniques involved in establishing a reliable indicator muscle. In order to assess the energy patterns of our pet, the surrogate may physically contact the animal or both surrogate and assessor may focus their attention on the absent pet during the assessment.

Surrogate Testing

Work with two people who have clear circuit indicator muscles, that is they can be unlocked and locked manually and emotionally (see page 26).

Ask if one is willing to act as the surrogate for the other. Use one of the indicator muscles (Anterior Deltoid) and unlock it manually while the other person touches the surrogate. Immediately test the other person’s corresponding Anterior Deltoid, which will now unlock. Manually turn on the surrogate’s Anterior Deltoid and retest

the other person’s muscle, which will now lock.

This shows the sharing of energy between the two people; the surrogate’s energy is transferred, showing the unlock in a previously locked muscle.

This concept will work equally well using a person to act as a surrogate for your pet. See later chapters for information about your pet enabling you to have a base of relevant information from which to test.

